



MID-COLUMBIA GYMNASTICS ACADEMY

	Mondays	Tuesday	Wednesday	Thursday	Friday	Saturday
9 am				**Bronze Girls 4-6yrs -Need 3 to Start		Little Roos 3-4yr
9:15 am		Tiny Roos 18m-3yr	Little Roos 3-4yr	Tiny Roos 18m-3yr	Tiny Roos 18m-3yr	
10 am	Family Open Gym! (0-12 yrs, no drop offs, 1.5 hr, online Registration Available) (Gage) Indoor Play-ground 0-6 yr 1.5 hr	(Gage) Indoor Play-ground 0-6yr 1.5 hr	Baby Roos 8-17mo (Gage) Indoor Play-ground 0-6 yr 1.5 hr	**Bronze Girls 4-6yr – Need 3 to Start (Gage) Indoor Play-ground 0-6 yr 1.5 hr	Gage) Indoor Play-ground 0-6 yr 1.5 hr	Tiny Roos 18m-3yr Bronze Boys 4-6yr Bronze Girls 7-10yr Tumbling – Advanced Co-Ed 6-13yr *Invite Only
10:15 am		Little Roos 3-4yr		Little Roos 3-4yr	Baby Roos 8-17mo	
11 am			Little Roos 3-4yr		Cheernastics 3-6yr, co-ed	Bronze Girls 4-6yr Bronze Boys 4-6yr Bronze Girls 7-10yr Tumbling – Intermediate Co-Ed 8-18yr *Invite Only
11:15 am		Tiny Roos 18m-3yr				
12pm	Bronze Girls 4-6yr Ninjanastics 3-6yr, co-ed		Family Open Gym! Craft Day! (0-12 yrs, no drop offs, 1.5 hr, Online Registration Available)		Bronze Boys 4-6yr Bronze Girls 4-6yr Little Roos 3-4yr	Bronze Girls 5-7yr Bronze Boys 8-10yr Bronze Girls 4-6yr Tumbling – Beginner Co-Ed 6-11yr
1 pm	Hot Tots– Advanced 3,4,5yr *Invite Only					Tumbling – Advanced Twisting Co-Ed 6-11yr *Invite Only
2 pm				Ninjanastics 3-6yr, co-ed		
3 pm	Tiny Roos 18m-3yr Bronze Girls 4-6yr	Little Roos 3-4yr	Tiny Roos 18m-3yr Bronze Girls 4-6yr	Little Roos 18m-3yr ***Need 3 to Open	Tiny Roos 18m-3yr	

Pricing:

Baby Roos (30 min) \$36/month
 Tiny Roos, Little Roos (45 min) \$67/month
 Bronze 1&2, Silver (55 min) \$74/month
 Gold (1hr 25min) \$90/month
 Platinum (1hr 55min) \$106/month
 Sibling Discount 10% each
 Multi-Class Discount 10% (2nd Class+)

Elite Force Cheer Recreational Classes at Gage Gym Sessions every 3 months

#lilforce 3 yr
 Impact 4-5 yr
 Gravity 6-8 yr
 Velocity 9-11 yr
 Torque 12-18 yr

3 month sessions - includes t-shirt, hairbow, and performance at end! \$209-231

All rec cheer classes are held at the Cheer Gym on Gage Blvd. (about 5 min from Gymnastics Gym)

Each New Student gets a Risk Free First Class! Try it before you pay to make sure you like it! If you decide it's not for you, we remove all charges. Must pre-register prior to 1st Class



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	Mondays	Tuesday	Wednesday	Thursday	Friday
4 pm	Bronze1&2 Girls 7-10yr Bronze 1 Boys 4-6yr Bronze 1 Girls 4-6yr Bronze 2 Girls 5-7yr Bronze 2 Boys 5-7yr Silver Girls 7-10 yr *Invite Only Gold 5-11yr *Invite Only Little Roos 3-4yr	Bronze1&2 Girls 7-10yr Bronze 1 Girls 4-6yr Bronze 2 Girls 5-7yr Bronze 2 Boys 5-7yr Gold 5-11yr *Invite Only Tiny Roos 18m-3yr	Bronze 1&2 Girls 7-10yr Bronze 1 Girls 4-6yr Silver Boys 5-7 yr *Invite Only Silver Girls 5-7yr *Invite Only Silver Girls 7-10yr *Invite Only Gold Girls 5-11yr *Invite Only **Hot Shots Boys Pre- Team-3 to Open Tiny Roos 18m-3yr	Bronze 1&2 Girls 7-10yr Bronze Girls 4-6yr Bronze 2 Girls 5-7yr Bronze Boys 7-10yr Gold 5-11yr *Invite Only Silver Girls 7-10yr *Invite Only Little Roos 3-4yr	Bronze 1&2 Girls 7-10yr Bronze 1 Girls 4-6yr Bronze 2 Girls 5-7yr Gold/Platinum Boys 7-10yr *Invite Only Gold Girls 5-11yr *Invite Only Silver Girls 7-10yr *Invite Only Little Roos 3-4yr
4:30			(Gage) Gravity 6-8yr		
5 pm	Bronze 1&2 Girls 7-10yr Bronze 1 Girls 4-6yr Bronze 2 Boys 7-10yr Bronze 2 Girls 5-7yr Silver Girls 5-7yr *Invite Only Silver Girls 7-10yr *Invite Only Tiny Roos 18m-3yr	Bronze 1 Girls 4-6yr Bronze 2 Girls 5-7yr Bronze 2 Boys 5-7yr Bronze 2 Girls 7-10yr Silver Girls 5-7yr *Invite Only Silver Girls 7-10yr *Invite Only Little Roos 3-4yr	Bronze 1&2 Girls 7-10yr Bronze 2 Girls 5-7yr Hot Tots– Advanced 3,4,5yr *Invite Only Silver Girls 7-10yr *Invite Only Little Roos 3-4yr	Bronze 1 Girls 4-6yr Bronze 2 Girls 5-7yr Bronze 2 Girls 7-10yr Bronze 2 Boys 5-7yr Silver Girls 5-7yr *Invite Only Silver Girls 7-10yr *Invite Only Tiny Roos 18m-3yr (Gage) Impact 4-5yr	Bronze 1&2 Girls 7-10yr Bronze 2 Girls 5-7yr Bronze 2 Boys 5-7yr Platinum Girls *Invite Only Silver Girls 7-10yr *Invite Only Little Roos 3-4yr
5:30 pm		Gold Girls 5-7yr *Invite Only	(Gage) Velocity 9-11yr		Gold Girls 5-11yr *Invite Only
6pm	Bronze 1 & 2 Girls 7-10yr Bronze Boys 4-6yr Bronze Girls 4-6yr Bronze 2 Girls 5-7yr Silver Girls 5-7yr *Invite Only Silver Girls 7-10yr *Invite Only Gold Girls 5-11 yr *Invite Only Little Roos 3-4yr (Gage) 6:30pm Gravity 6-8yr	Bronze 1 Boys 4-6yr Bronze 1 Girls 4-6yr Bronze 2 Girls 7-10yr Silver Girls 7-10yr *Invite Only Gold Girls 5-11yr *Invite Only Tiny Roos 18m-3yr (Gage) #lilforce 3yr	Bronze 1&2 Girls 7-10yr Bronze 1 Girls 4-6yr Bronze 2 Girls 5-7yr Silver Boys 7-10yr *Invite Only Silver Girls 7-10yr *Invite Only x's 2! Platinum Girls *Invite Only Little Roos 3-4yr (Gage) 6:30pm Gravity 6-8yr	Bronze 1 Boys 4-6yr Bronze 1 Girls 4-6yr Bronze 2 Girls 5-7yr Bronze 2 Girls 7-10yr Bronze/Silver Boys 7-10yr Silver Girls 7-10yr *Invite Only Gold Girls 5-11yr *Invite Only Little Roos 3-4yr	Bronze 1 Girls 4-6yr Bronze 2 Girls 5-7yr Bronze 1&2 Girls 7-10yr Silver Girls 7-10yr Tumbling Beginner Co-Ed 6-11yr Tiny Roos 18m-3yr
7pm	11-18yr Bronze 2 Girls Tumbling –Beginner/ Intermediate Co-Ed 11-18yr Little Roos 3-4yr	Hot Tots-Advanced 3,4,5yrs *Invite Only Silver Girls 7-10yr *Invite Only Tumbling -Intermediate Co-Ed 6-13yr (Gage) Gravity 6-8yr	11-18yr Advanced Girls 11-18yr Beginner Girls Little Roos 3-4yr Tumbling– Beginner Co -Ed 6-11yr	11–18 Bronze Girls Tumbling -Intermediate Co-Ed 11-18yr Tiny Roos 18m-3yr	Tumbling -Intermediate Co -Ed 6-13yr *Invite Only Little Roos 3-4yr
7:30 pm	(Gage) Velocity 9-11yr	Tumbling -Intermediate Co-Ed 6-13yr **Needs 3 to Start			
8pm			Tumbling-Advanced Co -Ed 8-18yr *Invite Only **Needs 3 to Start		