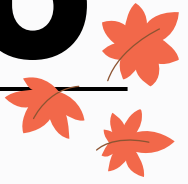
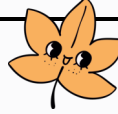




FALL 2025

MCGA NEWS



NATIONAL GYMNASTICS DAY

We will be celebrating National Gymnastics Day on Saturday, September 20th with Member Open Houses at both locations! Admission is FREE

Pasco - 10am-Noon

Richland - 2-4pm

We will have popcorn, gymnastics demos, playtime, pro-shop sales, concessions, bake sale, free temp tattoos and more!

This is always a fun event, hope to see you there!



INDOOR PLAYGROUND

0-6 year olds

(yes, we are strict on that for safety reasons)

\$10 per kiddo 18mo-6yrs / 17mo & under are FREE

RICHLAND

Mondays 10-11:30am

Tuesdays Noon-1:30pm

Wednesdays Noon-1:30pm

Thursdays 10-11:30am

Fridays 1-2:30pm



Pasco

Monday through Friday 10-11:30am

Fall Indoor Playground Closures: November 26,27,28

SKILL TRACKING

We have been using a new digital skill tracking system to make it easier to determine when students are ready to advance so if you see your child's instructor toting a tablet around with them, that is why. We are still in the early stages but in the near future you will be able to view your student's progress on your customer portal!



HALLOWEEN STUFF

We have our Annual Halloween Party for students on Saturday, October 25th!

Recreational Students 4-6pm

Competitive Athletes 6:30-8:30pm

Pre-registration will be available October 1st Cost is \$20 early registration/ \$30 at the door.



Indoor Playground Halloween Parties will be happening on Halloween Friday, Oct 31st!

Still \$10, 17 months and under are free

MCGA Pasco 10-11:30am

MCGA Richland 1-2:30pm

Flyers will be coming out with more details about all parties

On Halloween Day, Friday October 31st there will be no classes after 2pm.



MEMBERS ONLY OPEN GYM

6+ year olds

Must be currently enrolled at MCGA

Saturdays 1:30-3pm

\$10 per kid (can be used as a class make up too!)

*No online registration, must sign in/pay in person.

No Member Open Gym September 20th



PROSHOP

We have lots of new MCGA merch coming out! Sweatshirts, hoodies, t-shirts!!

We are now carrying an assortment of fidgets! They aren't just toys, they are valuable tools to help regulate and concentrate while helping develop fine motor skills and relieve anxiety.



PICTURES AND VIDEO

Please be mindful when you are taking pics and/or video that you are not disruptive to students, instructors, or other spectators. Not all parents want their children posted on social media.

THANKSGIVING BREAK

We will be closed Wednesday, November 26th through Saturday, November 29th.



Happy
THANKSGIVING



MID-COLUMBIA
GYMNASTICS
ACADEMY

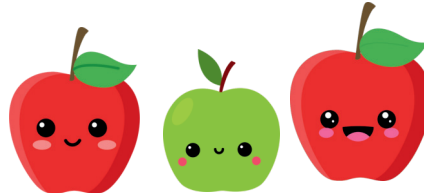
1523 FOWLER ST RICHLAND WA 99352 ☎ (509)735-3861

5102 CONVENTION DR PASCO WA 99301

WWW.MCGA.ORG

@MCGA1986

September



S	M	T	W	T	F	S
RICHLAND PASCO	IP 10-11:30AM IP 10-11:30AM 1	IP 12-1:30PM IP 10-11:30AM 2	IP 12-1:30PM IP 10-11:30AM 3	IP 10-11:30AM IP 10-11:30AM 4	IP 1-2:30PM IP 10-11:30AM 5	MEMBER OPEN GYM 1:30-3PM 6
7	IP 10-11:30AM IP 10-11:30AM 8	IP 12-1:30PM IP 10-11:30AM 9	IP 12-1:30PM IP 10-11:30AM 10	IP 10-11:30AM IP 10-11:30AM 11	IP 1-2:30PM IP 10-11:30AM 12	MEMBER OPEN GYM 1:30-3PM 13
14	IP 10-11:30AM IP 10-11:30AM GAME WEEK 15	IP 12-1:30PM IP 10-11:30AM 16	IP 12-1:30PM IP 10-11:30AM 17	IP 10-11:30AM IP 10-11:30AM 18	IP 1-2:30PM IP 10-11:30AM 19	 PASCO 10-NOON RICHLAND 2-4PM NO OPEN GYM 20
21	IP 10-11:30AM IP 10-11:30AM 22	IP 12-1:30PM IP 10-11:30AM 23	IP 12-1:30PM IP 10-11:30AM 24	IP 10-11:30AM IP 10-11:30AM 25	IP 1-2:30PM IP 10-11:30AM 26	MEMBER OPEN GYM 1:30-3PM 27
28	IP 10-11:30AM IP 10-11:30AM 29	IP 12-1:30PM IP 10-11:30AM 30				

** GAME WEEK IS FOR RECREATIONAL GYMNASTICS

MCGA
SEPT 15-20 **TUMBLEROODS**
THEME WEEK:
PRINCESS OR SUPERHERO



Did You Know?

HAPPY BIRTHDAY!

WE SEND STUDENTS BIRTHDAY CARDS (USUALLY 10 DAYS PRIOR). IF YOUR BIRTHDAY KIDDO DIDN'T RECEIVE ONE PLEASE SWING BY THE FRONT DESK TO MAKE SURE WE HAVE CORRECT ADDRESS AND BIRTHDATE!



BOOK YOUR BIRTHDAY PARTY

ON YOUR PORTAL OR @ MCGA.ORG



DON'T FORGET

EVERY MONTH:

1ST OR 5TH TUITION DUE

3RD FULL WEEK OF MONTH = GAME WEEK

20TH WITHDRAWAL FORMS DUE FOR UPCOMING MONTH

October

S	M	T	W	T	F	S
RICHLAND PASCO		IP 12-1:30PM IP 10-11:30AM TUITION DUE! 1	IP 12-1:30PM IP 10-11:30AM 2	IP 10-11:30AM IP 10-11:30AM 3	IP 1-2:30PM IP 10-11:30AM 4	MEMBER OPEN GYM 1:30-3PM 5
6	IP 10-11:30AM IP 10-11:30AM 7	IP 12-1:30PM IP 10-11:30AM 8	IP 12-1:30PM IP 10-11:30AM 9	IP 10-11:30AM IP 10-11:30AM 10	IP 1-2:30PM IP 10-11:30AM 11	MEMBER OPEN GYM 1:30-3PM 12
13	IP 10-11:30AM IP 10-11:30AM 14	IP 12-1:30PM IP 10-11:30AM 15	IP 12-1:30PM IP 10-11:30AM 16	IP 10-11:30AM IP 10-11:30AM 17	IP 1-2:30PM IP 10-11:30AM 18	MEMBER OPEN GYM 1:30-3PM 19
DROP NOTICES FOR NOVEMBER DUE (ON YOUR PORTAL) 20	IP 10-11:30AM IP 10-11:30AM GAME WEEK 21	IP 12-1:30PM IP 10-11:30AM	IP 12-1:30PM IP 10-11:30AM 22	IP 10-11:30AM IP 10-11:30AM 23	IP 1-2:30PM IP 10-11:30AM 24	Halloween PARTY 25
26	IP 10-11:30AM IP 10-11:30AM 27	IP 12-1:30PM IP 10-11:30AM 28	IP 12-1:30PM IP 10-11:30AM 29	IP 10-11:30AM IP 10-11:30AM 30	IP 10-11:30AM IP 10-11:30AM NO REC CLASSES AFTER 2PM 31	

** GAME WEEK IS FOR RECREATIONAL GYMNASTICS

OCT 27-
NOV 1

MCGA
TUMBLEROODS

THEME WEEK:



HALLOWEEN

GYMNASTICS

DRESS
CODE

YES!

- LEOTARDS
- SHORTS & T-SHIRT OR TANK TOP
- YOGA PANTS, LEGGINGS, OR SWEATPANTS
- BAREFEET
- HAIR PULLED BACK
- ALL JEWELRY REMOVED

NO!

- BAGGY CLOTHING
- JEANS
- ANYTHING WITH BUTTONS, SNAPS, OR ZIPPERS
- EXPOSED MIDRIFTS
- EXTREME SHORT SHORTS - (GYMNASTICS SHORTS ARE FINE OVER LEO)

PLEASE DO NOT COME TO GYM IF YOUR CHILD IS SICK OR INJURED, WE OFFER MAKE UPS!
(SUCH AS, BUT NOT LIMITED TO: FEVER, NAUSEA/VOMITING/DIARRHEA, EAR OR EYE INFECTION, COUGH W/CONGESTION &/OR SHORTNESS OF BREATH, SORE THROAT, HEADACHE, OPEN SORES, CONTRAGIOUS RASHES OR CONDITIONS)



November



S	M	T	W	T	F	S
						MEMBER OPEN GYM 1:30-3PM
						TUITION DUE! 1
2	IP 10-11:30AM IP 10-11:30AM	IP 12-1:30PM IP 10-11:30AM	IP 12-1:30PM IP 10-11:30AM	IP 10-11:30AM IP 10-11:30AM	IP 1-2:30PM IP 10-11:30AM	MEMBER OPEN GYM 1:30-3PM
3						8
9	IP 10-11:30AM IP 10-11:30AM	IP 12-1:30PM IP 10-11:30AM	IP 12-1:30PM IP 10-11:30AM	IP 10-11:30AM IP 10-11:30AM	IP 1-2:30PM IP 10-11:30AM	MEMBER OPEN GYM 1:30-3PM
10						15
16	IP 10-11:30AM IP 10-11:30AM GAME WEEK 17	IP 12-1:30PM IP 10-11:30AM	IP 12-1:30PM IP 10-11:30AM	IP 10-11:30AM IP 10-11:30AM DROP NOTICES FOR DECEMBER DUE (ON YOUR PORTAL)	IP 1-2:30PM IP 10-11:30AM	MEMBER OPEN GYM 1:30-3PM
17				19	21	22
30 23	IP 10-11:30AM IP 10-11:30AM	IP 12-1:30PM IP 10-11:30AM	CLOSED	Happy Thanksgiving CLOSED NOV 26-29	28	29

** GAME WEEK IS FOR RECREATIONAL GYMNASTICS

MCGA
TUMBLEROOS
NOV 17-22



LEO BUY BACK PROGRAM!

Had a growth spurt? Did you know you can bring your leos that don't fit anymore for credit towards a new one?? (typically \$5-8 credit per leo)

CLASS WITHDRAWAL UPDATE

OUR WITHDRAWAL PROCESS IS NOW AVAILABLE THROUGH YOUR PORTAL!

How?

From your dashboard:

Scroll down to your student(s) classes.

- On the class card, click the More Options icon in the top-right corner, then select Request Drop.



GUIDELINES

- Your withdrawal will be scheduled for the end of the month unless otherwise noted for future.
- Notice of withdrawal MUST be submitted by the 20th of the last month you are attending in order to not be billed for next billing cycle.
- No refunds, credits, or prorating will be given for late notice.
- Competitive athletes have a different process, ask coach for details

KEEP IN MIND

- Make ups are for currently enrolled students ONLY. If you do not complete eligible make ups before end of month, those make ups are forfeited.
- Members Only Open Gym is for currently ENROLLED students.
- We do have options! Once you withdraw, your spot may not be available to go back to right away! If you want to transfer times, try a different instructor, address a concern, need scheduling accommodations, etc. Talk to our office staff, we are here to help!



VIEWING AREA

- Just a reminder that when you are watching your child's class in the viewing area to please keep close eye on any of your kiddos not in class too. Not only for their safety, but gymnast's safety, and courtesy of others. If we have to remind you more than once, you may be asked to drop your child off for class and pick up after.
- We are a family facility. Aggression towards others and/or profanity will not be tolerated. If you are deemed to be behaving inappropriately, you will be asked to leave.