



MID-COLUMBIA GYMNASTICS ACADEMY

Preschool Gymnastics and Movement Education Program
FREE Introductory Class! Open Year Round!

Tiny-Roos	18 months to 3 years Co-ed (first two classes free)	45 minutes per week. Parent participation. \$48 a month
Little-Roos	3 to 4 years Co-ed	45 minutes per week. \$48 per month.
Kanga-Roos	4 to 6 years Divided by Gender	55 minutes per week. \$55 per month.
Super Roos	4 to 6 years (Girls Only)	(By Invitation Only) 55 minutes per week. \$55 per month.

Since 1986, Mid-Columbia Gymnastics has taught thousands of children in the area the fundamentals of movement! From forward rolls to cartwheels, our trained staff provides classes that incorporate balance, flexibility, strength, listening skills and proper social interaction with other children. We use a positive approach to teaching that helps the children learn that fitness is fun! Join us for a structured class full of fitness, music & fun!

-Specialized Gymnastics Equipment for Preschoolers & Toddlers.

Theme Weeks

The first full week of each month is theme week. It is an extra fun week where we use imagination and play in learning gymnastics skills. The kids & teachers love to dress up!

January – Pajama

April – Pirates

July – Stars & Stripes

October – Crazy Hair

February – Mother Goose

May – Hawaiian/Beach

August – Western

November – Having a Ball

March – Dinosaur

June – Outer Space

September – Hero/Princess

December - Winter Fun

To sign up for a trail class, call 735-3861 or WWW.MCGA.ORG

1523-C Fowler St. in the Richland "Wye", just off the North end of Columbia Center Blvd.

Classes run year round! Join anytime. 10% Family discount.

*Annual registration fee may apply. See the rules & policies sheet.